

March 2009

Hello!

You are invited to Applied Suicide Intervention Skills Training (ASIST) on April 1 & 2 or April 29 & 30, 2009.

Please see the brochure enclosed or go to www.livingworks.net (general) or for the ASIST page go to <http://www.livingworks.net/AS.php>. ASIST is an excellent training and we believe you will find it a worthwhile use of your time.

ASIST is recognized worldwide as an effective means to train lay people on suicide prevention. ASIST uses mini-lectures, multi-media and experiential processes to give participants a model for intervening with a person who is suicidal.

The Mental Health Association of Illinois Valley received the training for trainers as part of the National Suicide Prevention Lifeline (NSPL), which received a federal grant. Therefore, our first priority is to train our Call for Help staff and volunteers. Those who work our hotline (1-800-273-TALK) or are involved with other MHAIV grant work have no fees to pay for the training.

There is a materials fee of \$45 for our colleagues in the community. For those of you who otherwise work or are willing to be trained in caring for the mental health of others, we welcome you! The Mental Health Association also has the goal to train as many others in the community as possible, so that we may all work to create a community that is suicide-safer.

There will be 12 CEUs available for licensed social workers and counselors. Please indicate your desire to get CEUs (and what type) when you register.

The April 2009 ASISTs will be held at the Peoria City/County Health Department at 2116 N. Sheridan, Peoria IL 61604 in the lower level room LL100. The training will begin at 9:00 am both days, ending at 4:00 pm. We will provide snacks, coffee and lunch. **Please enroll only if you know that you can attend all hours of the training without interruption.**

Please let me know if you will join us either on April 1 & 2 or April 29 & 30, 2009 for this unique opportunity. Spaces are limited. To reserve a space, or if you have questions, please call me at 692-1766 x15 or email your response to me at dianefullerbrown@yahoo.com. Those who are not Hotline volunteers or staff may send a check to MHAIV and make a note "For April 09 ASIST" in order to reserve your space.

I look forward to hearing from you!

Diane F. Brown
ASIST co-trainer